

right support ● ● ●
● ● ● ● ● right time

WE ARE HERE TO HELP YOU!

We focus on the everyday issues that can lead to poor mental health and help you take positive steps forward.

No judgement. No pressure.

Just the right support, at the right time

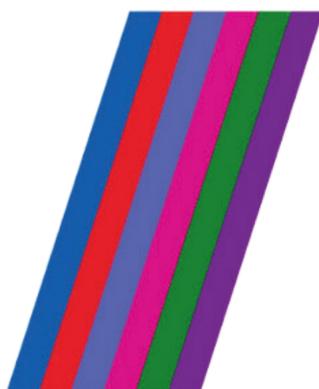
Get in touch when you are ready:

Freephone - 1800 911 546

Use our webchat - www.inspirewellbeing.org/rsrt

Email - hello@inspirewellbeing.org

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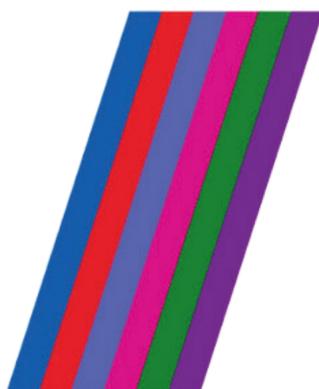
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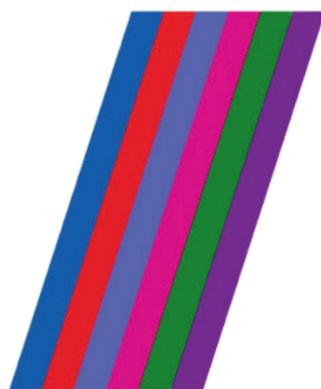
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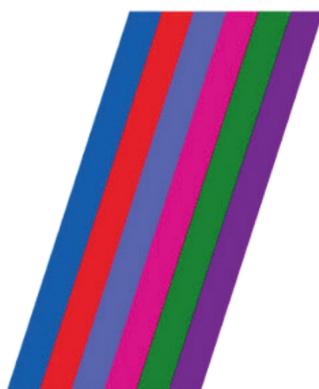
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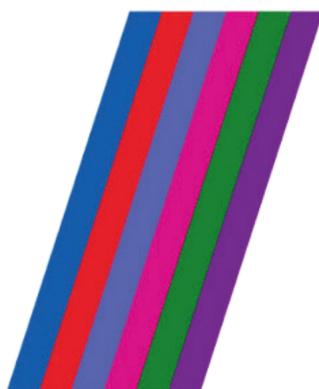
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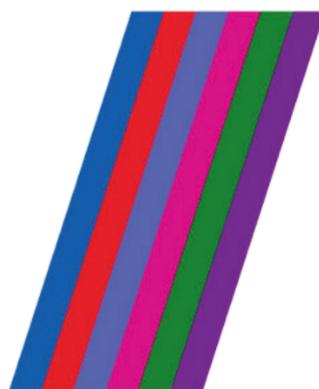
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LOOKING SUPPORT FOR YOUR PHYSICAL WELLBEING?

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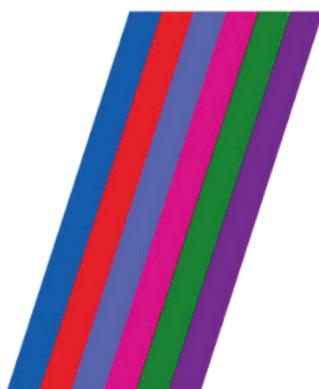
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